



*Simpozijum*  
**DIJABETESNO**  
**STOPALO**  
sa međunarodnim  
učešćem



*Symposium*  
**DIABETIC**  
**FOOT**  
with international participation

# PROGRAM



24 - 25. 5. 2024

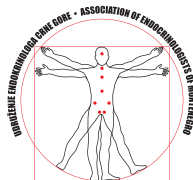


Hotel Princess  
Bar, Crna Gora - Montenegro



[www.dijabetes.me](http://www.dijabetes.me)





## POZDRAV ORGANIZATORA

Dragi prijatelji i kolege,

Čast mi je i zadovoljstvo poželjeti Vam dobrodošlicu u ime udruženja endokrinologa Crne Gore, Saveza za borbu protiv dijabetesa Crne Gore i NVO „Plavi krug Bar” na Simpozijum „Dijabetesno stopalo” sa međunarodnim učešćem koji se održava u Baru, 24 - 25. 5. 2024. godine.

Program će obuhvatiti brojne važne teme iz dijabetesnog stopala, a učesnici će imati jedinstvenu priliku da slušaju i komuniciraju sa istaknutim stručnjacima i istraživačima iz cijele Evrope i steknu nova saznanja o zdravstvenoj zaštiti i savremenom liječenju i podršci pacijenata sa dijabetesnim stopalom.

Radujem se Vašem dolasku u Bar!

*dr Valentina Vujović*

ORGANIZATORICA SIMPOZIJUMA

## GREETINGS FROM THE ORGANIZER

Dear friends and colleagues,

It is my honor and pleasure to welcome you on behalf of the association of endocrinologists of Montenegro and the association for the fight against diabetes of Montenegro "Blue Circle Bar" to the Symposium "Diabetic Foot" with international participation, which is being held in Bar, 24 - 25 May 2024. years.

The program will cover a number of important topics from the diabetic foot, and the participants will have a unique opportunity to listen and communicate with prominent experts and researchers from all over Europe and gain new knowledge about health care and modern treatment and support of patients with diabetic foot.

I look forward to your arrival in the Bar!

*dr Valentina Vujović*

ORGANIZER OF THE SYMPOSIUM

# 24. 5. 2024.

**7.00 REGISTRACIJA UČESNIKA – REGISTRATION OF PARTICIPANTS**

**9.00 OTVARANJE SIMPOZIJUMA I KOKTEL – SYMPOSIUM OPENING AND COCKTAIL PARTY**

Ajda Šufta, voditeljka - presenter

**Uvodna riječ – Opening remarks**

**dr Valentina Vujović,**

endokrinolog i predsjednica NVO „Plavi krug” - endocrinologist and president of the NGO "Blue Circle"

**Pozdravne riječi gostiju – Welcoming words of the guests**

**Prof. dr Miodrag Radunović,**

hirurg, dekan Medicinskog fakulteta - surgeon, dean of the Faculty of Medicine

**dr Srđan Pavićević,**

kardiohirurg, potpredsjednik Vlade za rad, obrazovanje, zdravstvo i socijalu  
cardiac surgeon, Deputy Prime Minister for Labour, Education, Health and Social Affairs

**Prof. dr Ljiljana Vučković,**

specijalista patolog, subspecijalista citolog - Medicinski fakultet, KCCG - specialist  
pathologist, subspecialist cytologist, Faculty of Medicine, KCCG

**dr Vuk Kadić,**

specijalista radiologije, direktor Fonda za zdravstveno osiguranje - radiology specialist,  
director of the Health Insurance Fund

**Dušan Raičević,**

predsjednik Opštine Bar - President of the Municipality of Bar

**Muzički dio – The musical part**

**Aleksandra Vojvodić**

**Anja Lukić**

**7.30 „Šetnjom za zdrava stopala” Jutarnja šetnja obalom do Šušnja i nazad**  
**"Walk for healthy feet" Morning walk along the coast to Šušanj and back**

# 24. 5. 2024.

## I SESIJA - SESSION

### Moderatori - Moderators:

#### Prof. dr Roberto Anichini

endokrinolog - endocrinologist  
(Italija - Italy)

#### Prim dr Davor Musić, mr sci

vaskularni hirurg - vascular surgeon  
Crna Gora - Montenegro)

#### dr Valentina Vujović

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

#### dr Vesna Dujović

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

10.00 - 10.20

Juče - danas - sutra stopalo u Sloveniji  
Yesterday - today - tomorrow foot in Slovenia

#### Prof. dr Vilma Urbančič Rovan

dijabetolog - diabetologist  
(Slovenija - Slovenia)

10.20- 10.35

Juče - danas - sutra stopalo u Crnoj Gori  
Yesterday - today - tomorrow foot in Montenegro

#### dr Dragan Likić

rukovodilac registra za šećernu bolest u Institutu  
za Javno zdravlje Crne Gore - head of the register for diabetes  
at the Institute for Public Health of Montenegro  
(Crna Gora - Montenegro)

10.35 - 10.55

Juče - danas - sutra stopalo u Crnoj Gori  
Yesterday - today - tomorrow foot in Montenegro

#### dr Valentina Vujović

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

10.55 - 11.15

Antidijabetici i periferna arterijska bolest: gdje smo danas?  
Antidiabetics and peripheral arterial disease:  
where are we today?

#### ass dr sci Emir Muzurović

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

# 24. 5. 2024.

## II SESIJA- SESSION

### Moderatori – Moderators:

#### Prof. dr Roberto Anichini

endokrinolog - endocrinologist  
(Italija - Italy)

#### Prof. dr Florian Toti

endokrinolog - endocrinologist  
(Albanija - Albania)

#### ass dr sci Emir Muzurović

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

#### Prim dr Davor Musić, mr sci

vaskularni hirurg - vascular surgeon  
(Crna Gora - Montenegro)

11.20 - 11.40

Juče - danas - sutra stopalo u Italiji  
Yesterday - today - tomorrow foot in Italy

#### Prof. dr Roberto Anichini

endokrinolog - endocrinologist  
(Italija - Italy)

11.40 - 12.00

Terapijska edukacija pacijenata u prevenciji  
dijabetičkog stopala  
Therapeutic patient education in the prevention of  
diabetic foot

#### Prof. dr Florian Toti

endokrinolog - endocrinologist  
(Albanija - Albania)

12.00 - 12.20

Vaskularni pristup u stopalu  
Vascular access in the foot

#### Prim dr Davor Musić, mr sci

vaskularni hirurg - vascular surgeon  
(Crna Gora - Montenegro)

12.20 - 12.40

Charchotovo stopalo  
Charchot's foot

#### dr Marko Borovinić

ortoped traumatolog - orthopedic traumatologist  
(Crna Gora - Montenegro)

12.40 - 13.00

**PAUZA - PAUSE**

13.00 - 14.00

**SPONZORISANO PREDAVANJE KOMPANIJE NOVO NORDISK –**  
**LECTURE SPONSORED BY THE NOVO NORDISK COMPANY**

14.00 - 15.00

**RUČAK - LUNCH**

# 24. 5. 2024.

## III SESIJA - SESSION

### Moderatori - Moderators:

**Prof. dr Vilma Urbančič Rovan**

dijabetolog - diabetologist  
(Slovenija - Slovenia)

**Prof. dr Oleg V. Udovichenko**

endokrinolog - endocrinologist  
(Izrael - Israel)

**dr Zorica Rabrenović**

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

15.00 - 15.20

**Učinkovito liječenje dijabetičkih čireva na stopalu:  
ključni faktori uspjeha i opasno kamenje pod vodom**  
**Effective treatment of diabetic foot ulcers: key  
factors of the success and dangerous stones  
underwater**

**Prof. dr Oleg V. Udovichenko**

endokrinolog - endocrinologist  
(Izrael - Israel)

15.20 - 15.40

**Dijabetes i periferna arterijska bolest**  
**Diabetes and peripheral arterial disease**

**Prim.dr.med.sci Senada Husarić**

endokrinolog - endocrinologist  
(Bosna i Hercegovina - Bosnia and Herzegovina)

15.40 - 16.00

**Perspektive u prevenciji i lečenju hronične  
ulceracije dijabetesnog stopala**  
**Perspectives in the prevention and treatment of  
chronic diabetic foot ulceration**

**dr Saša Ilić**

specijalizant interne medicine - internal medicine resident  
(Klinički centar Srbije - interna B -  
Clinical center of Serbia - internal B)

16.00 - 16.20

**Kako organizovati jedinicu za njegu stopala sa  
ograničenim resursima**  
**How to organize a foot care unit with limited resources**

**dr Sokol Hasho**

ortoped - orthopedist  
(Albanija - Albania)

16.20 - 16.40

**Juče - danas - sutra stopalo u Hrvatskoj**  
**Yesterday - today - tomorrow foot in Croatia**

**Doc.dr.sc. Anela Novak,**

endokrinolog - endocrinologist  
(Split Hrvatska - Croatia)

**dr Anica Badanjak**

endokrinolog - endocrinologist  
(Zagreb Hrvatska - Croatia)

16.40 - 17.00

**DISKUSIJA - DISCUSSION**

**Svi učesnici - All participants**

17.00 - 18.00

**SPONZORISANO PREDAVANJE - SPONSORED LECTURE**

20.00

**SVEČANA VEČERA - FORMAL DINNER**

# 25. 5. 2024.

## WORKSHOP I

### Moderatori - Moderators:

**Prof. dr Oleg V. Udovichenko**  
endokrinolog - endocrinologist  
(Izrael - Israel)

**dr Suzana Ivanović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**prim. dr Danijela Ranđelović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**dr Nataša Radović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

9.00 - 9.20

**Juče - danas - sutra stopalo u Izraelu**  
**Yesterday - today - tomorrow foot in Israel**

**Prof. dr Oleg V. Udovichenko**  
endokrinolog - endocrinologist  
(Izrael - Israel)

9.20 - 9.35

**Charcot neuroartropatija iz ugla endokrinologa**  
**Charcot neuroarthropathy from the endocrinologist's**  
**point of view**

**dr Sanja Borožan**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

9.35 - 9.50

**Uspješno liječenje ulkusa stopala kod pacijentkinje sa**  
**novodijagnostikovanim T1DM (LADA)**  
**Successful treatment of a foot ulcer in a patient**  
**with newly diagnosed T1DM (LADA)**

**dr Rada Sparavalo**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

9.50 - 10.05

**Ko kasni?**  
**Who's late?**

**dr Zlata Kovačević**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)



# 25. 5. 2024.

## WORKSHOP I

### Moderatori - Moderators:

**Prof. dr Oleg V. Udovichenko**  
endokrinolog - endocrinologist  
(Izrael - Israel)

**dr Suzana Ivanović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**prim. dr Danijela Ranđelović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**dr Nataša Radović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**10.05 - 10.20** **Značaj plantarnog pritiska u nastanku dijabetesnog stopala**  
**The importance of plantar pressure in the development of diabetic foot**

**Ass. dr Dragana Bubanja**  
endokrinolog - endocrinologist  
(Srbija - Serbia)

**10.20 - 10.35** **Dijabetična neuropatija sa fokusom na elektrodijagnozu.**  
**Diabetic neuropathy with focus on electrodiagnosis.**

**dr Tela Ardit**  
neurolog - neurologist  
(Crna Gora - Montenegro)

**10.35 - 10.50** **Fizikalna terapija u liječenju dijabetičkog stopala**  
**Physical therapy in the treatment of diabetic foot**

**dr Marina Vuković**  
specijalista fizikalne medicine i rehabilitacije  
specialist in physical and rehabilitation medicine  
(Crna Gora - Montenegro)

**10.50 - 11.05** **Fizička aktivnost kao vid prevencije kod dijabetičkog stopala**  
**Physical activity as a form of prevention in diabetic foot**

**Ljiljana Pejović Radulović**  
Bečelor primijenjene fizioterapije - Bachelor of applied Physiotherapy  
(Crna Gora - Montenegro)

**11.05 - 11.30 PAUZA - PAUSE**

# 25. 5. 2024.

## SPONZORISANO PREDAVANJE KOMPANIJE KRKA

DUALNA TERAPIJA SITAGLIPTINOM – sigurna glikemijska kontrola  
dr Valentina Vujović

11.30 - 12.00

## LECTURE SPONSORED BY THE KRKA COMPANY

DUAL THERAPY WITH SITAGLIPTIN – safe glycemc control  
Dr Valentina Vujović

### WORKSHOP II

#### Moderatori – Moderators:

**Prof. dr Vilma Urbančič Rovan**

dijabetolog - diabetologist  
(Slovenija - Slovenia)

**dr Suzana Ivanović**

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**dr Nataša Radović**

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**dr Valentina Kalinić**

endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**Mr Jelena Božović**

magistar kozmetologije  
master of cosmetology  
(Crna Gora - Montenegro)

**Romana Praprotnik**

(Slovenija - Slovenia)

**MSc Sanja Nikolić**

“Da ne žulja” (Srbija - Serbia)

**Aleksandra Popović Martić**

Viši dijetetičar - nutricionista  
Senior Dietitian - Nutritionist  
(Crna Gora - Montenegro)

12.05 - 12.20

**Sindrom dijabetesnog stopala: rukovanje, prevencija, liječenje**  
**Diabetic foot syndrome: management, prevention, treatment**

12.20 - 12.35

**Balansiranje dijabetesa, vođenje udruženja i rad sa dijabetičarima**  
**Balancing diabetes, leading the association and working with diabetics**

12.35 - 12.50

**Lični put do udobnosti i zdravih stopala**  
**A personal path to comfort and healthy feet**

12.50 - 13.05

**Plasiranje proteze kod uraslog nokta**  
**Placing a prosthesis in an ingrown nail**

# 25. 5. 2024.

13.05 - 14.05

## RADIONICA SA PACIJENTIMA WORKSHOP WITH PATIENTS

Prof. dr Oleg V. Udovichenko  
dr Valentina Vujović

14.05 - 15.00

## RUČAK - LUNCH

### WORKSHOP III

#### Moderatori - Moderators:

**Prof. dr Oleg V. Udovichenko**  
endokrinolog - endocrinologist  
(Izrael - Israel)

**Prof. dr Vilma Urbančič Rovan**  
dijabetolog - diabetologist  
(Slovenija - Slovenia)

**dr Suzana Ivanović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**dr Nataša Radović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

15.00 - 15.15

**Pretraga dijabetičkog stopala**  
**Foot examination of patients with diabetes mellitus**

**Mira Slak**  
medicinska sestra - nurse  
(Slovenija - Slovenia)

15.15 - 15.30

**Uloga marketinga u edukaciji pacijenata oboljelih od dijabetesa i dijabetičkog ulkusa**  
**The role of marketing in the education of patients with diabetes and diabetic ulcers**  
**Uloga medicinske sestre u edukaciji pacijenata i prevenciji dijabetičnog stopala**  
**The role of the nurse in patient education and prevention of diabetic foot**

**Lejla Mandžić Musić i Božica Pavičić**  
medicinske sestre - nurses  
(Bosna i Hercegovina -  
Bosnia and Herzegovina)

15.30 - 15.45

**Uloga medicinske sestre kod osoba sa dijabetesnim stopalom**  
**The role of the nurse in people with diabetic foot**

**Mr Vera Popović**  
Mr zdravstvene njege i terapije -  
Master of health care and Therapy  
(OB Bar Crna Gora - Montenegro)

# 25. 5. 2024.

## WORKSHOP III

### Moderatori – Moderators:

**Prof. dr Oleg V. Udovichenko**  
endokrinolog - endocrinologist  
(Izrael - Israel)

**Prof. dr Vilma Urbančič Rovan**  
dijabetolog - diabetologist  
(Slovenija - Slovenia)

**dr Suzana Ivanović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

**dr Nataša Radović**  
endokrinolog - endocrinologist  
(Crna Gora - Montenegro)

15.45 - 16.00 **Prevenција i njega dijabetesnog stopala**  
**Prevention and care of diabetic foot**

**Marina Abramović i Milica Čeranić**  
medicinske sestre - nurses  
(Crna Gora - Montenegro)

16.00 - 16.15 **Dijabetičko stopalo - izazov za zbrinjavanje**  
**Diabetic foot - a challenge for care**

**Ivana Grgić mag.med.techn.**  
Podpredsjednica Udruge za rane-  
hrvatska inicijativa - Vice President of  
the Association for Early Croatian  
Initiatives  
(Hrvatska - Croatia)

16.15 - 16.30 **Savremeno liječenje dijabetesnog stopala**  
**Modern treatment of diabetic foot**

**Bojana Bajić**  
medicinske sestra - nurse  
(Srbija - Serbia)

16.30 - 16.45 **Značaj psihoterapije kod liječenja i oporavka**  
**dijabeteskog stopala i posle amputacije**  
**The importance of psychotherapy in the treatment and**  
**recovery of the diabetic foot and after amputation**

**Ivana Mihović**  
Psiholoskinja/ sistemska psihoterapeutkinja  
Psychologist/ systemic psychotherapist  
(Crna Gora - Montenegro)

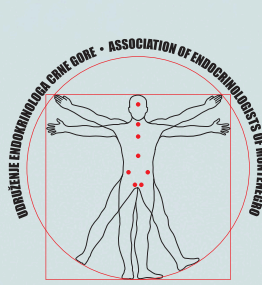
16.45

## ZATVARANJE SIMPOZIJUMA I DODJELA CERTIFIKATA – CLOSING OF THE SYMPOSIUM AND AWARDING OF CERTIFICATES





**PLAVI KRUG**  
Savez za borbu protiv dijabetesa, Crna Gora  
**BAR**



[www.dijabetes.me](http://www.dijabetes.me)